



Every patient's journey begins with you.



2021 ANNUAL REPORT

LEADERSHIP MESSAGE

Ask seasoned travelers what makes a good trip, and they'll tell you that planning for any possibility, paying attention to detail, being flexible and maintaining a sense of humor are key.

The same could be said for surviving a pandemic. After living with COVID for the past two years, we're learning to adapt to the changes it has brought to our lives. We're also reminded daily that being ready for anything is essential to not only surviving, but thriving.

Much of last year was spent strengthening BVMI to ensure we're ready for whatever challenges lie ahead. We've refreshed our three-year strategic plan to Expand Our Reach, Optimize Our Services, and Serve Our Stakeholders Better. A succession plan will keep our leadership strong, and a new investment committee will secure our financial future. We continue to diversify our Board of Trustees, and our new Associate Board will prepare a pipeline of mission-driven young professionals for future board service.

In 2021, BVMI provided our patients with high-quality healthcare, emotional support and links to social services. So much was achieved because of committed donors, volunteers, and staff – and our ever-grateful patients, who stepped up for their COVID vaccines and embraced telehealth as a possible (and sometimes preferable) alternative to an in-person clinic visit.

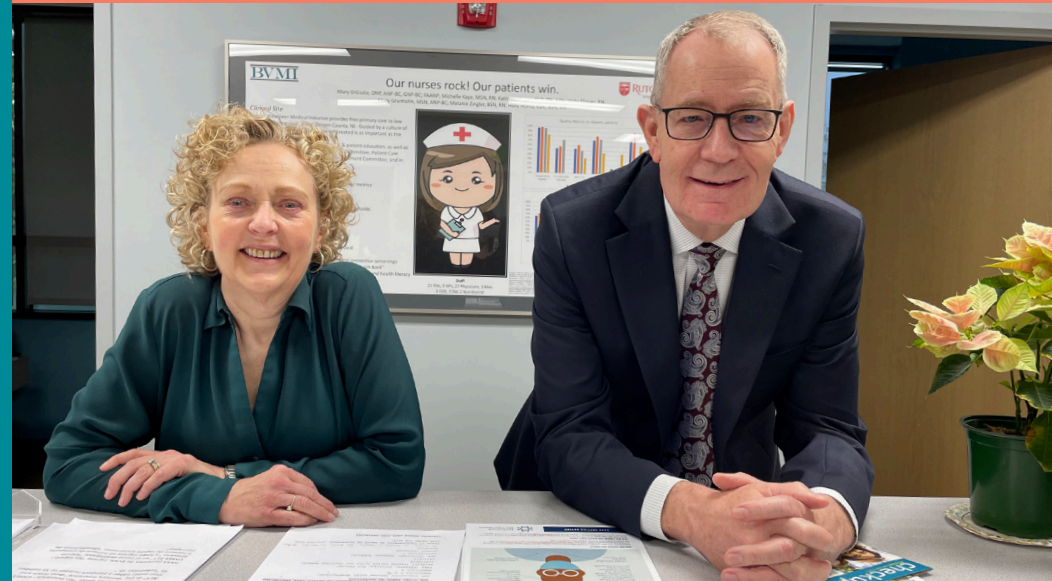
Every patient's journey at BVMI begins with you. We are grateful to have your support as we keep moving forward...so that our hardworking neighbors in need have a place to turn for their healthcare needs.

Sincerely,

Amanda Missey
President/CEO

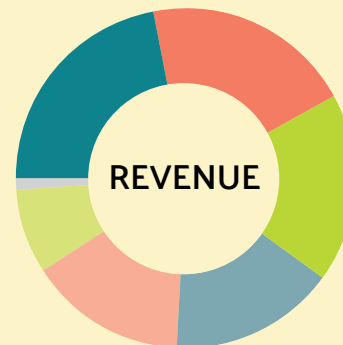
Michael Faust, MD
Board Chair

PS We're beyond excited to tell you that we will soon serve more people with a second clinic in Garfield! Stay tuned for more to come.

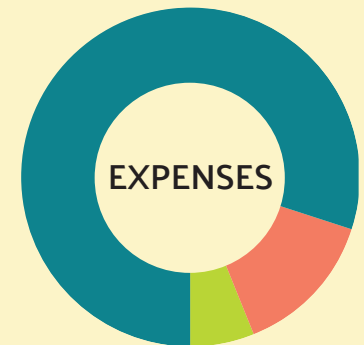


1,150

in 2021, BVMI treated 1,150 patients in 6,800 patient visits



- 22% Government Grants
- 20% Foundations
- 18% In-kind
- 16% Individuals
- 15% Corporations
- 8% Special Events
- 1% Other



- 80% Program
- 14% Fundraising
- 6% Management & General



69%

of women who received a referral for a mammogram in 2021 got one.

WOMEN'S HEALTH

Healthy women lead to stronger, healthier families. Women make up 65% of our patient roster, and we understand their needs.

Emphasizing preventive care makes good sense. In 2021, BVMI focused on bringing women back into our clinic for their annual well-woman exams. We helped patients like Emily, who was having abdominal pain. A large cyst was found on her ovary. Thankfully, one of BVMI's volunteers, a gynecologist, was able to surgically remove the cyst.

In addition to routine exams and specialized care when needed, we continue to refer all of our female patients over the age of 40 for an annual mammogram. Women needing additional medical testing or procedures can rely on a BVMI patient navigator to help them obtain free and/or low-cost diagnostic services and other types of healthcare. Our female patients face some tough challenges. We can make their lives easier.



MISSION

Powered by passionate volunteers, BVMI delivers free, high-quality healthcare to Bergen County's working uninsured, helping them live healthy, productive lives.

BVMI Volunteers as of 12/31/2021

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CASE MANAGEMENT

Making ends meet is tough for most of BVMI's patients. You've helped ensure they can find the resources they need.



614
patients served



1264
visits



95+
agency partners

Our patients typically have multiple low-paying jobs. If they don't make enough money to meet basic needs, they need somewhere to turn. BVMI's Case Manager has linked hundreds of patients with agencies and organizations that can help. For example, Isabella, a single mom who has a child with mental health needs, found food and rental assistance – plus she was connected to free training that launched her career as a certified Home Health Aide.

Our Case Manager now has dedicated office space for her work. And BVMI has joined Unite New Jersey, a network of providers connected through a shared technology platform. Its members can enhance, on a larger scale, the way they coordinate care, identify service gaps and track outcomes.



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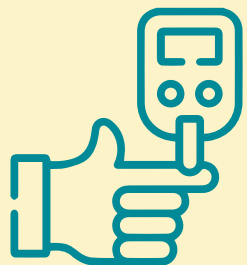
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30%

of BVMI patients have diabetes or pre-diabetes.



52%

of diabetic patients have controlled A1c (national benchmark is 34.7%).

DIABETES

People with diabetes and pre-diabetes can live healthier lives. We partner with our patients to meet that goal.



The Diabetes Prevention, Care and Education initiative at BVMI has had “a very good year.” Telehealth visits now play a routine role in our approach to all three components – including follow-up visits, which are essential to success. Our clinical results continue to surpass national benchmarks in diabetes care for Medicaid-eligible populations.

The ELLKAY Patient Medication Fund at BVMI helps provide vital medication for patients. It’s especially appreciated as the price for certain drugs, such as insulin, continues to rise. The Fund was established by Dr. Grishma Parikh (pictured) and husband Kamal Patel, Founder & CEO of ELLKAY. The Patels are a meaningful example of how good ideas, combined with generosity, can make a world of difference for our patients.

We’ll continue to stress the need for compassionate care, encouragement, and education when it comes to our diabetic patients. We’ll also keep doing all we can to prevent diabetes among those who are at risk.

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PREVENT DIABETES PROGRAM (PDP)

Since 2019, BVMI has helped patients at risk of developing diabetes by creating and expanding its PDP program. We continue to build on its success.



It's been rewarding to see patients who are pre-diabetic feeling mentally and physically healthier than before. Several of them credit a good part of their success to BVMI's PDP program. The participants have received one-on-one education – and encouragement – in Spanish or English. Through engaging activities, they have found ways to eat healthier, exercise, reduce stress, and continue to take medication if prescribed.

The 2021 program was enhanced with the distribution of free fresh produce for 13 weeks over the summer, a fitness trainer for virtual and in-person sessions, fun activities like kayaking, and virtual cooking lessons with New York-area Chef Yexenia Gomez.



82%

of 2021 PDP participants lowered their A1c levels through healthy eating and exercise.

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MENTAL HEALTH

Patients struggling with mental health issues found empathy and gentle guidance at BVMI in 2021 – thanks to the commitment of our volunteer professionals and your support.



All BVMI patients are screened for depression.

65%

experience mild to moderate depression.

Listening. Talk therapy. Medication. Making referrals. Any or all of these approaches might be what's needed for our patients struggling with mental health issues. Our team of volunteer therapists and social workers have used their expertise to help people like Felix. He's had to work through the trauma of losing his job after a COVID-19 hospitalization. We've been here for Felix and others like him.

Telehealth has kept us connected with patients, who need several "touchpoints" with our mental health professionals. It has given them the flexibility and privacy needed to make and keep appointments – and helped them to tap into their inner, healing strength.

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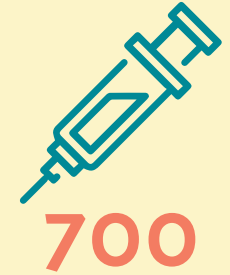
Jesson Yeh, MD
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Robert B. Zurier, MD

VACCINE CLINICS

BVMI COVID vaccine clinics became part of our approach to keeping people safe and healthy in 2021. We rolled up our sleeves. So did our patients and other members of our community.



Our vaccine clinics were made possible by a grant from the National Alliance for Hispanic Health and the CDC, in coordination with the Hackensack Health Department and Bergen New Bridge Medical Center. We helped sponsor local clinic sites and administered vaccines along with our community partners. BVMI's Parth Vaidya, PharmD, RPh (pictured) was one of our new Associate Board members looking to make a difference in this way.



700 vaccines administered at BVMI COVID vaccine clinics.

BVMI IS OPEN FOR BUSINESS!

After two years of periodic clinic closures due to the COVID-19 pandemic, BVMI's team is thrilled to be seeing patients in person! We have also hired a much-needed Eligibility Specialist to screen prospective patients in new office space dedicated to that process.



20% projected increase in patient census in 2022



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"I support BVMI for several reasons. I believe in their work. I know how they use my donations, directly supporting patients with the highest quality healthcare. This is something we all need and deserve."

-Scott Reddin

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